



Words of Love
and
Wisdom

FROM
ST. ELIZABETH OF THE TRINITY

*The entire Trinity rests within us, this whole mystery that
will be ours in Heaven: let this be our cloister.*

ST. ELIZABETH OF THE TRINITY

*It seems to me that I have found my Heaven on earth, since
Heaven is God, and God is in my soul.*

ST. ELIZABETH OF THE TRINITY

*Oh, how good it is in silence
To listen to Him over and over,
to enjoy the peace of His presence,
and then to surrender wholly to His love.*

ST. ELIZABETH OF THE TRINITY

May the God who is all love be your unchanging dwelling place, your cell, and your cloister in the midst of the world; remember that He dwells in the deepest center of your soul as if in a sanctuary where He wants always to be loved to the point of adoration. He remains there to fill you to overflowing with His graces, to transform you into Himself. Oh, when you sense your weakness, go to Him; He is the strong One, the One who gives victory through the Holiness at His right hand, as the Psalmist sings. He covers you with His shadow. Trust in His love completely.

ST. ELIZABETH OF THE TRINITY

We have our Heaven within us, let's live it.

ST. ELIZABETH OF THE TRINITY

I am going to give you my "secret": think about this God who dwells within you, whose temple you are... Little by little, the soul gets used to living in His sweet company, it understands that it is carrying within it a little Heaven where the God of love has fixed His home.

ST. ELIZABETH OF THE TRINITY

*The Trinity—this is our dwelling, our “home”,
the Father’s house that we must never leave.*

ST. ELIZABETH OF THE TRINITY

*At every moment of the day or night the three Divine
Persons are living within you...you are never alone again!*

ST. ELIZABETH OF THE TRINITY

We must become aware that God dwells within us and do everything with Him, then we are never commonplace, even when doing the most ordinary tasks, for we do not live in these things, we go beyond them!

ST. ELIZABETH OF THE TRINITY

I think that in Heaven my mission will be to draw souls by helping them go out of themselves to cling to God by a wholly simple and loving movement, and to keep them in this great silence within that will allow God to communicate Himself to them and transform them into Himself.

ST. ELIZABETH OF THE TRINITY